

# Take Charge of Your Professional Development

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## Leadership

### LEADERSHIP

Conflict Management	Contact Hours: 1.3
Cultural Competency	Contact Hours: 1.0
Generational Issues in the Workplace	Contact Hours: 1.4
Leadership Styles	Contact Hours: 1.6
Mentoring Others	Contact Hours: 1.2
Motivating Employees	Contact Hours: 1.8
Roles of Leaders and Managers	Contact Hours: 1.2
Service Excellence	Contact Hours: 1.3
Strategic Planning	Contact Hours: 1.3
Team Building	Contact Hours: 1.4
Time Management Strategies	Contact Hours: 1.8

### LEARNING

Active Adult Learning	Contact Hours: 1.0
Learning Styles	Contact Hours: 1.2
Patient and Family Education	Contact Hours: 1.8
Preceptor Training	Contact Hours: 1.6



## Leadership Cont'd

### COMMUNICATIONS

Building Patient Rapport - QL	Contact Hours: 1.0
Conflict Management	Contact Hours: 1.3
Cultural Competency	Contact Hours: 1.0
Documentation and Reporting	Contact Hours: 1.2
Generational Issues in the Workplace	Contact Hours: 1.4
HIPAA for Healthcare	Contact Hours: 1.0
Leadership Styles	Contact Hours: 1.6
Medical Terminology 101	Contact Hours: 2.0
Mentoring Others	Contact Hours: 1.2
Motivating Employees	Contact Hours: 1.8
Patient and Family Education	Contact Hours: 1.8
Patient Interview Techniques QL	Contact Hours: 1.0
Roles of Leaders and Managers	Contact Hours: 1.2
SBAR: A Communication Tool for RNs	Contact Hours: 1.0
Service Excellence	Contact Hours: 1.3
Team Building	Contact Hours: 1.4

## Regulatory

### PATIENT SAFETY

Age -Specific Care	Contact Hours: 1.7
Domestic Violence	Contact Hours: 1.1
Elder Abuse	Contact Hours: 1.2
End of Life Issues	Contact Hours: 1.9
National Patient Safety Goals	Contact Hours: 1.4
Pain Assessment & History Taking-QL	Contact Hours: 1.0
Pain Management	Contact Hours: 3.7
Pain Management-QL	Contact Hours: 1.0
Patient Identification	Contact Hours: 1.0
Patient Rights	Contact Hours: 1.8
Pressure Ulcer Assessment	Contact Hours: 1.8
Pressure Ulcer Prevention	Contact Hours: 1.8
Preventing Medication Errors	Contact Hours: 1.5
Restraint and Seclusion	Contact Hours: 2.0
Understanding Advance Directives	Contact Hours: 1.0
Universal Protocol (AORN)	Contact Hours: 1.0

### OCCUPATIONAL HEALTH AND SAFETY

Bioterrorism	Contact Hours: 1.0
Emergency Preparedness	Contact Hours: 1.0
Ergonomics and Back Safety	Contact Hours: 1.0
Fire Safety – RACE & PASS	Contact Hours: 0.5
General Fire Safety	Contact Hours: 1.0
Hazardous Communications	Contact Hours: 1.0
Preventing Needlestick Injury	Contact Hours: 1.4
Preventing Workplace Violence	Contact Hours: 1.5
Support for the Shift Worker	Contact Hours: 1.2
WHMIS for Healthcare Personnel	Contact Hours: 1.0
Workplace Substance Abuse	Contact Hours: 1.0

## Regulatory Cont'd

### INFECTION CONTROL

Aseptic Technique (AORN)	Contact Hours: 1.1
Bloodborne Pathogens	Contact Hours: 1.0
Bloodborne Pathogens (AORN)	Contact Hours: 1.2
Chain of Infection	Contact Hours: 1.0
Hand Hygiene	Contact Hours: 1.0
Hand Hygiene (AORN)	Contact Hours: 1.0
Infection Control for Healthcare Professionals	Contact Hours: 4.7
Infection Control for Hospital Workers	Contact Hours: 3.3
Influenza Pandemic	Contact Hours: 1.0
MRSA	Contact Hours: 1.0
Standard Precautions	Contact Hours: 0.7

### LEGAL

"Do not Use" Abbreviations	Contact Hours: 0.5
Documentation and Reporting	Contact Hours: 1.2
Elder Abuse	Contact Hours: 1.2
HIPAA for Healthcare	Contact Hours: 1.0
Medical Terminology 101	Contact Hours: 2.0
National Patient Safety Goals	Contact Hours: 1.4
Patient Identification	Contact Hours: 1.0
Patient Rights	Contact Hours: 1.8
Restraint and Seclusion	Contact Hours: 2.0
SBAR: A Communication Tool for RNs	Contact Hours: 1.0
Understanding Advance Directives	Contact Hours: 1.0

## Clinical: By Specialty

### CARDIOLOGY

12- and 15-Lead ECG Interpretation	Contact Hours: 2.2
Advanced Cardiac Rhythm Interpretation	Contact Hours: 1.8
Basic Cardiac Rhythm Interpretation	Contact Hours: 2.1
Cardiac Heart Sounds and the Valves	Contact Hours: 1.0
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Cardiac Risk Factors QL	Contact Hours: 1.0
Cardiovascular Assessment	Contact Hours: 1.9
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
MI Symptom Management	Contact Hours: 1.1
Myocardial Ischemia and Injury	Contact Hours: 1.3
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Overview of 4 Main Heart Functions	Contact Hours: 1.1
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
Understanding ACE Inhibitors	Contact Hours: 1.0
Understanding Antiarrhythmics	Contact Hours: 1.5
Understanding BP and Orthostatic BP	Contact Hours: 1.7
Understanding Diuretics	Contact Hours: 1.1
Understanding Nitrates	Contact Hours: 1.0
Understanding Shock	Contact Hours: 1.7
Understanding Thrombolytics and Anticoagulants	Contact Hours: 1.4

## Clinical: By Specialty Cont'd

### EMERGENCY

12- and 15-Lead ECG Interpretation	Contact Hours: 2.2
ACLS Prep	Contact Hours: 2.4
Advanced Blood Gas Interpretation	Contact Hours: 2.8
Advanced Cardiac Rhythm Interpretation	Contact Hours: 1.8
Airway Management	Contact Hours: 1.8
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Cardiac Risk Factors QL	Contact Hours: 1.0
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
CPR Preparedness: Adult	Contact Hours: 3.7
CPR Preparedness: Infant and Child	Contact Hours: 2.0
Maternity: HELLP Syndrome - QL	Contact Hours: 1.0
MI Symptom Management	Contact Hours: 1.1
Multi Organ Dysfunction Syndrome	Contact Hours: 1.2
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Pediatric Cardiogenic Shock	Contact Hours: 1.2
Pediatric Distributive Shock	Contact Hours: 1.3
Pediatric Gastroesophageal Reflux-QL	Contact Hours: 1.0
Pediatric Hypovolemic Shock	Contact Hours: 1.3
Pediatric Obstructive Shock	Contact Hours: 1.1
Pediatric Routine Growth Measurement-QL	Contact Hours: 1.0
Pediatric Vital Signs-QL	Contact Hours: 1.0
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
Understanding Mechanical Ventilation	Contact Hours: 2.1
Understanding Pediatric Shock	Contact Hours: 1.7
Understanding Shock	Contact Hours: 1.7

## Clinical: By Specialty Cont'd

### NEONATAL

Common GI Diagnoses in the At-Risk Newborn	Contact Hours: 1.3
CPR Preparedness: Infant and Child	Contact Hours: 2.0
Maternity: HELLP Syndrome - QL	Contact Hours: 1.0
Newborn Abdominal Wall Defects	Contact Hours: 1.3
Newborn- APGAR Scoring-QL	Contact Hours: 1.0
Newborn Apnea and Airway Anomalies	Contact Hours: 1.6
Newborn Brain: Anatomy	Contact Hours: 2.1
Newborn Bronchopulmonary Dysplasia	Contact Hours: 1.4
Newborn Congenital Diaphragmatic Hernia	Contact Hours: 1.2
Newborn Fistulas, Atresias and Malrotation	Contact Hours: 1.5
Newborn Gas Exchange	Contact Hours: 1.0
Newborn Gastrointestinal Assessment	Contact Hours: 1.4
Newborn Necrotizing Enterocolitis	Contact Hours: 1.1
Newborn Pneumonia and Meconium Aspiration	Contact Hours: 1.4
Newborn Reflux and GERD	Contact Hours: 1.0
Newborn Respiratory Assessment	Contact Hours: 1.8
Newborn Respiratory Assessment-QL	Contact Hours: 1.0
Newborn Respiratory Distress and HMD	Contact Hours: 1.5
Newborn Respiratory Support and Retinopathy: Basics	Contact Hours: 1.4



## Clinical: By Specialty Cont'd

### MATERNAL-NEWBORN

Common GI Diagnoses in the At-Risk Newborn	Contact Hours: 1.3
CPR Preparedness: Infant and Child	Contact Hours: 2.0
Maternity: HELLP Syndrome - QL	Contact Hours: 1.0
Newborn Abdominal Wall Defects	Contact Hours: 1.3
Newborn- APGAR Scoring-QL	Contact Hours: 1.0
Newborn Apnea and Airway Anomalies	Contact Hours: 1.6
Newborn Brain: Anatomy	Contact Hours: 2.1
Newborn Bronchopulmonary Dysplasia	Contact Hours: 1.4
Newborn Congenital Diaphragmatic Hernia	Contact Hours: 1.2
Newborn Fistulas, Atresias and Malrotation	Contact Hours: 1.5
Newborn Gas Exchange	Contact Hours: 1.0
Newborn Gastrointestinal Assessment	Contact Hours: 1.4
Newborn Necrotizing Enterocolitis	Contact Hours: 1.1
Newborn Pneumonia and Meconium Aspiration	Contact Hours: 1.4
Newborn Reflux and GERD	Contact Hours: 1.0
Newborn Respiratory Assessment	Contact Hours: 1.8
Newborn Respiratory Assessment-QL	Contact Hours: 1.0
Newborn Respiratory Distress and HMD	Contact Hours: 1.5
Newborn Respiratory Support and Retinopathy: Basics	Contact Hours: 1.4

## Clinical: By Specialty Cont'd

### CRITICAL CARE

12- and 15-Lead ECG Interpretation	Contact Hours: 2.2
ACLS Prep	Contact Hours: 2.4
Advanced Blood Gas Interpretation	Contact Hours: 2.8
Advanced Cardiac Rhythm Interpretation	Contact Hours: 1.8
Basics of Hemodynamic Monitoring	Contact Hours: 1.6
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Cardiac Risk Factors QL	Contact Hours: 1.0
Central Venous Lines	Contact Hours: 3.0
Chest Pain Assessment QL	Contact Hours: 1.0
MI Symptom Management	Contact Hours: 1.1
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
SCI - Spinal Cord Injury	Contact Hours: 1.9
TBI - Traumatic Brain Injury	Contact Hours: 1.7
Understanding Mechanical Ventilation	Contact Hours: 2.1
Understanding Shock	Contact Hours: 1.7

## Clinical: By Specialty Cont'd

### MEDICAL-SURGICAL

Abdominal Assessment	Contact Hours: 1.8
Abnormal Neurological Findings QL	Contact Hours: 1.0
Airway Assessment and LOC QL	Contact Hours: 1.0
Basic Blood Gas Interpretation	Contact Hours: 2.8
Bladder Management	Contact Hours: 3.0
Building Patient Rapport - QL	Contact Hours: 1.0
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Cardiac Risk Factors QL	Contact Hours: 1.0
Cardiovascular Assessment	Contact Hours: 1.9
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
CPR Preparedness: Adult	Contact Hours: 3.7
CPR Preparedness: Infant and Child	Contact Hours: 2.0
CVA	Contact Hours: 1.7
Diabetes Basics	Contact Hours: 2.1
Elder Abuse	Contact Hours: 1.2
Extremity Assessment	Contact Hours: 1.1
Extremity Assessment QL	Contact Hours: 1.0
Fluid Balance and Hydration Status QL	Contact Hours: 1.0
General Survey & Vital Signs-QL	Contact Hours: 1.0
Medical Surgical Abdominal Assessment	Contact Hours: 2.1
Neurological Assessment	Contact Hours: 1.4
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Parkinson's Disease	Contact Hours: 1.5
Patient Interview Techniques QL	Contact Hours: 1.0
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
Respiratory Assessment	Contact Hours: 1.5
Respiratory Assessment QL	Contact Hours: 1.0
Tracheostomy Basics	Contact Hours: 1.4
Understanding Bowel Sounds QL	Contact Hours: 1.0
Understanding BP and Orthostatic BP	Contact Hours: 1.7
Understanding Electrolytes	Contact Hours: 1.2
Understanding IV Fluids	Contact Hours: 1.4
Volume Assessment-QL	Contact Hours: 1.0

## Clinical: By Specialty Cont'd

### TRANSPORT

Fixed Wing Transport  
Ground Transport Nursing

Contact Hours: 4.6  
Contact Hours: 2.8

### NEUROLOGY

Abnormal Neurological Findings QL  
Advanced Neurological Assessment  
CVA  
Neurological Assessment  
Parkinson's Disease  
SCI - Spinal Cord Injury  
TBI - Traumatic Brain Injury

Contact Hours: 1.0  
Contact Hours: 2.1  
Contact Hours: 1.7  
Contact Hours: 1.4  
Contact Hours: 1.5  
Contact Hours: 1.9  
Contact Hours: 1.7

### PEDIATRICS

CPR Preparedness: Infant and Child  
Multi Organ Dysfunction Syndrome  
Pediatric Cardiogenic Shock  
Pediatric Distributive Shock  
Pediatric Gastroesophageal Reflux-QL  
Pediatric Hypovolemic Shock  
Pediatric Obstructive Shock  
Pediatric Routine Growth Measurement-QL  
Pediatric Vital Signs-QL  
Understanding Pediatric Shock

Contact Hours: 2.0  
Contact Hours: 1.2  
Contact Hours: 1.2  
Contact Hours: 1.3  
Contact Hours: 1.0  
Contact Hours: 1.3  
Contact Hours: 1.1  
Contact Hours: 1.0  
Contact Hours: 1.0  
Contact Hours: 1.7

## Clinical: By Type

### PHARMACOLOGY

Parkinson's Disease	Contact Hours: 1.5
Understanding ACE Inhibitors	Contact Hours: 1.0
Understanding Antiarrhythmics	Contact Hours: 1.5
Understanding Diuretics	Contact Hours: 1.1
Understanding Nitrates	Contact Hours: 1.0
Understanding Thrombolytics and Anticoagulants	Contact Hours: 1.4
MI Symptom Management	Contact Hours: 1.1

### TESTS

12- and 15-Lead ECG Interpretation	Contact Hours: 2.2
Advanced Blood Gas Interpretation	Contact Hours: 2.8
Basic Blood Gas Interpretation	Contact Hours: 2.8
Basics of Hemodynamic Monitoring	Contact Hours: 1.6
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Phlebotomy Basics	Contact Hours: 1.0

### VASCULAR ACCESS

Central Venous Lines	Contact Hours: 3.0
Fluid Balance and Hydration Status QL	Contact Hours: 1.0
Phlebotomy Basics	Contact Hours: 1.0
Understanding Electrolytes	Contact Hours: 1.2
Understanding IV Fluids	Contact Hours: 1.4

## Clinical: By Type Cont'd

### PHYSICAL ASSESSMENT

Age -Specific Care	Contact Hours: 1.7
Abdominal Assessment	Contact Hours: 1.8
Abnormal Neurological Findings QL	Contact Hours: 1.0
Airway Assessment and LOC QL	Contact Hours: 1.0
Building Patient Rapport - QL	Contact Hours: 1.0
Cardiac Heart Sounds and the Valves	Contact Hours: 1.0
Cardiovascular Assessment	Contact Hours: 1.9
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
Extremity Assessment	Contact Hours: 1.1
Extremity Assessment QL	Contact Hours: 1.0
General Survey & Vital Signs-QL	Contact Hours: 1.0
Medical Surgical Abdominal Assessment	Contact Hours: 2.1
MI Symptom Management	Contact Hours: 1.1
Myocardial Ischemia and Injury	Contact Hours: 1.3
Neurological Assessment	Contact Hours: 1.4
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Patient Interview Techniques QL	Contact Hours: 1.0
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
Respiratory Assessment	Contact Hours: 1.5
Respiratory Assessment QL	Contact Hours: 1.0
Understanding Bowel Sounds QL	Contact Hours: 1.0
Understanding BP and Orthostatic BP	Contact Hours: 1.7

## Clinical: By System

### RESPIRATORY SYSTEM

Advanced Blood Gas Interpretation	Contact Hours: 2.8
Airway Assessment and LOC QL	Contact Hours: 1.0
Airway Management	Contact Hours: 1.8
Basic Blood Gas Interpretation	Contact Hours: 2.8
Respiratory Assessment	Contact Hours: 1.5
Respiratory Assessment QL	Contact Hours: 1.0
Tracheostomy Basics	Contact Hours: 1.4
Understanding Mechanical Ventilation	Contact Hours: 2.1

### DIGESTIVE SYSTEM

Abdominal Assessment	Contact Hours: 1.8
Medical Surgical Abdominal Assessment	Contact Hours: 2.1
Understanding Bowel Sounds QL	Contact Hours: 1.0

### ENDOCRINE SYSTEM

Diabetes Basics	Contact Hours: 2.1
Advanced Neurological Assessment	Contact Hours: 2.1

## Clinical: By System Cont'd

### EXCRETORY SYSTEM

Abdominal Assessment  
Bladder Management  
Understanding Bowel Sounds QL

Contact Hours: 1.8  
Contact Hours: 3.0  
Contact Hours: 1.0

### NERVOUS SYSTEM

Abnormal Neurological Findings QL  
Advanced Neurological Assessment  
CVA  
Extremity Assessment  
Extremity Assessment QL  
Neurological Assessment  
Parkinson's Disease  
SCI - Spinal Cord Injury  
TBI - Traumatic Brain Injury

Contact Hours: 1.0  
Contact Hours: 2.1  
Contact Hours: 1.7  
Contact Hours: 1.1  
Contact Hours: 1.0  
Contact Hours: 1.4  
Contact Hours: 1.5  
Contact Hours: 1.9  
Contact Hours: 1.7

### MUSCULAR SYSTEM

Extremity Assessment  
Extremity Assessment QL

Contact Hours: 1.1  
Contact Hours: 1.0



## Clinical: By System Cont'd

### CARDIOVASCULAR SYSTEM

12- and 15-Lead ECG Interpretation	Contact Hours: 2.2
ACLS Prep	Contact Hours: 2.4
Advanced Blood Gas Interpretation	Contact Hours: 2.8
Advanced Cardiac Rhythm Interpretation	Contact Hours: 1.8
Advanced Cardiac Rhythm Interpretation	Contact Hours: 1.8
Airway Assessment and LOC QL	Contact Hours: 1.0
Basic Blood Gas Interpretation	Contact Hours: 2.8
Basic Cardiac Rhythm Interpretation	Contact Hours: 2.1
Basics of Hemodynamic Monitoring	Contact Hours: 1.6
Cardiac Heart Sounds and the Valves	Contact Hours: 1.0
Cardiac Interventions and Tests - QL	Contact Hours: 1.0
Cardiac Risk Factors QL	Contact Hours: 1.0
Cardiovascular Assessment	Contact Hours: 1.9
Central Venous Lines	Contact Hours: 3.0
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
Chest Pain Assessment QL	Contact Hours: 1.0
Chest Pain Interview	Contact Hours: 1.3
CPR Preparedness: Adult	Contact Hours: 3.7
CPR Preparedness: Infant and Child	Contact Hours: 2.0
CVA	Contact Hours: 1.7
Extremity Assessment	Contact Hours: 1.1
Extremity Assessment QL	Contact Hours: 1.0
Fluid Balance and Hydration Status QL	Contact Hours: 1.0
MI Symptom Management	Contact Hours: 1.1
Myocardial Ischemia and Injury	Contact Hours: 1.3
Other Common Causes of Chest Pain-QL	Contact Hours: 1.0
Overview of 4 Main Heart Functions	Contact Hours: 1.1
Rapid Cardiopulmonary Assessment QL	Contact Hours: 1.0
Understanding ACE Inhibitors	Contact Hours: 1.0
Understanding Antiarrhythmics	Contact Hours: 1.5
Understanding BP and Orthostatic BP	Contact Hours: 1.7
Understanding Diuretics	Contact Hours: 1.1
Understanding Electrolytes	Contact Hours: 1.2
Understanding IV Fluids	Contact Hours: 1.4
Understanding Nitrates	Contact Hours: 1.0
Understanding Thrombolytics and Anticoagulants	Contact Hours: 1.4
Volume Assessment-QL	Contact Hours: 1.0